

## Council on Aging Minutes 11/18/2015

### COUNCIL ON AGING MINUTES

NOVEMBER 18, 2015

**Present:** Council on Aging Members Irving Goldberg, Jack Jordan, Jean Nousse, Virginia McIntyre, Ernest Cornelssen, Norah McCormick, Council on Aging Director Lynne Waterman

**Absent:** Mary Gaffney, Mary Jo Gorney and Outreach Coordinator Darlene Perkins

Chairman Irving Goldberg opened the meeting at 8:35 a.m.

### APPROVAL OF MINUTES – October 14, 2015

**Motion:** Ernie Cornelssen moved to approve the minutes of October 14, 2015, seconded by Jean Nousse. **Vote unanimous 6-0**

### Public Comments

None

### COMMUNICATIONS AND CORRESPONDENCE

### DIRECTOR'S REPORT

Director Lynne Waterman distributed her report for the month of October. She reported she met with staff from a local assisted living facility and a home health agency to discuss working together on future programs. She and the Activity Coordinator worked with the Friends of the Council on Aging on the first ever thrift shop fashion show which was a great success. The Director also met with the new staff from the Visiting Nurse Association.

The Director noted the van drivers met with the staff of several local physicians' offices to inform them of the van services.

The Director thanked DPW for working on the arborvitae in the back yard, the annual cleaning of all of the carpets in the building, the replacement of a thermostat and the addition of exit signs in two of the rooms. She also thanked the IT staff who worked on upgrading the wireless computer system and thanked the Deputy Fire Chief and Building Inspector who completed the annual inspection of the Senior Center.

The Director listed some of the meetings she attended: department head, staff, Human Services Committee, Mashpee Cultural Council, Mashpee CARES, COAST and the Parkinson's Support Network of Cape Cod Board of Directors and Program Committee. She also participated with other Cape Councils on Aging staff in a World Café Day Program which was also attended by several Cape legislators and the focus of the discussions were on the needs of seniors and senior centers on Cape Cod.

The Director also attended the annual conference of the Massachusetts Councils on Aging. She attended several workshops: LGBT programming for elders, mental health peer counseling, personnel, the aging and disability network, marketing/publicity and financial. She also toured a local assisted living facility.

The Director noted her goals were to update the new member orientation form and Council on Aging brochure, interview applicants for property tax work off program and beginning the placement process and plan programs for January and February with the Activity Coordinator.

**Motion:** Jean Nousse moved to accept the Director's Report, seconded by Norah McCormick. **Vote unanimous 6-0**

## **TREASURER'S REPORT**

Director Waterman distributed the budget report and reviewed the budget figures with the members.

**Motion: Jean Noussee moved to accept the Treasurer's Report, seconded by Ernie Cornelssen. Vote unanimous 6-0**

## **OUTREACH COORDINATOR REPORT**

Lynne Waterman distributed the Outreach Coordinator's report in the absence of Darlene Perkins for the month of October. She highlighted the home visits, fuel assistance, hoarding issues, mailbox sticker program, finding medical equipment and information on homecare for parents. She also noted there were 30 participants in the Brown Bag program. The Director also noted that the Outreach Coordinator met monthly with volunteers. Ten Mashpee residents 90+ received flowers. Darlene continues meeting with the volunteers who work on the friendly visitor and telephone a Friend program. The Outreach Coordinator attended the Hoarding Task Force, Outreach Coordinators meeting, Independence House Training and the World Café training. Her goals are planning holiday gift giving, implementing the mail box sticker program and increasing number of Brown Bag participants.

**Motion: Jean Noussee moved to accept the Outreach Coordinator's Report, seconded by Ernie Cornelssen. Vote unanimous 6-0**

## **VOLUNTEER COORDINATOR REPORT**

The Director distributed Deborah Converse's Volunteer Coordinator Report for the month of October. The Emergency Preparedness workshop was held on October 21 which provided useful guidelines of items to have available as we approach the winter. The last workshop of 2015 will be held on November 4 with the volunteers who drive people to doctors' appointments. The drivers will have the opportunity to discuss different situations they have had. The Volunteer Recognition Brunch has been scheduled for June 10 at New Seabury.

**Motion: Jean Noussee moved to accept the Volunteer Coordinator Report, seconded by Ginny McIntyre. Vote unanimous 6-0**

## **ACTIVITY COORDINATOR REPORT**

Director Waterman distributed Christine Foisy, Activity Coordinator's report for October. She highlighted several programs: Emotions of Aging, Just for Laughs, Medicare Open Enrollment, Cancer Wellness, and Friends Fashion Show. Also the Mashpee seniors were invited by the Wampanoag Tribe to visit their center for a tour. There was a large turnout and another program will be held in November. She also noted the Social Dining Around lunch and the Halloween Party.

**Motion: Ernie Cornelssen moved to accept the Activity Coordinator Report, seconded by Jean Noussee. Vote unanimous 6-0**

## **Old Business**

None

## **New Business**

The Director distributed a handout from Massachusetts Aging Network which depicted several programs, how they are run and who they report to.

Another handout was an Article from the Wall Street Journal "To Lure Baby Boomers, Senior Centers Try Rebranding.

A third handout was “The Best Retirement Communities in Every State” of which Barnstable County was #2.

The Director reminded the members of their appointments and expiration dates.

Lynne Waterman thanked Ernie for his work in developing a letter to the Independence House from the Council which requests some services that Mashpee seniors might be eligible for. The letter is in draft form and will be sent to the members for their review.

**Motion: Ernie Cornelssen moved to adjourn the meeting, seconded by Jean Nousse. Vote unanimous 6-0**

**Meeting adjourned 9:55 a.m.**

Respectfully Submitted,

Judy Daigneault  
Recording Secretary