



Mashpee Senior Center

Are you interested in volunteering with the Mashpee Senior Center?

- ▶ Do you have time to share, whether each week or occasionally?
- ▶ Would you like to share your skills and knowledge?
- ▶ Would you like to help others?
- ▶ Would you like to be involved with innovative, meaningful programs?
- ▶ Would you enjoy participating in group opportunities?

We have a variety of opportunities available for interested individuals to lend their time and talents to support the Senior Center, such as:

- ▶ Driving people to local medical appointments
- ▶ Friendly visiting
- ▶ Assisting with activities or social events
- ▶ Front desk receptionist at the Mashpee Senior Center
- ▶ Newsletter mailing
- ▶ Leading an activity
- ▶ Other projects or activities that may interest you

There are also volunteer opportunities with two organizations not affiliated, but co-located with or near the Senior Center. **Elder Services of Cape Cod and the Islands** coordinates Meals on Wheels, and provides luncheons at the Mashpee Senior Center. Please contact the nutrition site manager at Elder Services at (508) 477-0910. The **Friends of the Mashpee Council on Aging Thrift Shop** needs volunteers for staffing. It is located across the parking lot from the Mashpee Senior Center. Please stop by the thrift shop to find out more.