



MASHPEE RECREATION

SPRING 2024



MASHPEEMA.MYREC.COM

Recreation Department Staff Directory
Contact us - PHONE - (508) 539-1416

Mashpee Recreation Dept. Staff Contacts

Mary K. Bradbury, Director
mbradbury@mashpeema.gov
Cameron Gonnella, Assistant Director
cgonnella@mashpeema.gov
Lisa Larsson, Administrative Assistant
llarsson@mashpeema.gov
Lissa Ploszay, Administrative Clerk
eploszay@mashpeema.gov



Kids Klub Childcare Center Contacts

Ashley Cunha, Child Care Coordinator
acunha@mashpeema.gov (508) 539-9361



Helpful Phone Numbers

Kids Klub Childcare Center - (508) 539-9361
Before/After School Program (KCC) - (774) 326-3083
Quashnet After School Program (QS) - (774) 836-0642
Mashpee Chamber of Commerce - (508) 477-0792
Mashpee Senior Center - (508) 539-1440
Mashpee Department of Public Works - (508) 539-1420
Building/Field Use Scheduler - (508) 539-1420
Mashpee Town Hall - (508) 539-1400

Follow Mashpee Recreation on Social Media to stay up to date on programs & activities!

Facebook: Mashpee Recreation

Instagram: Mashpeerec



ONLINE REGISTRATION

Mashpee Recreation Department provides online program registration. You will need a username and password in order to utilize the online registration system. *If you receive a message saying "The phone number you provided already exists",* please call the Recreation Office during regular office hours (Monday - Friday, 8:30am - 4:30pm) to retrieve your username and password, (508) 539-1416.

Traditional Registration - download a form at www.mashpeerec.com, go to General Info., Dept. Info., then forms



WALK IN Recreation Office 520 Main St. Monday - Friday 8:30am - 4:30pm	BY FAX (508) 419-1161 Use your MC/Visa Or Discover	BY MAIL To Recreation Dept. 520 Main St. Mashpee MA 02649
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COURSE CONFIRMATION

If you provide your email address you will receive an email confirmation/receipt. If a class has reached its maximum enrollment, you can place your name on the waiting list by calling the Recreation Department, 508-539-1416. If a class does not meet the minimum number of participant requirements, it will be cancelled and you will be notified. Otherwise, please plan on attending.

SWITCHING/CHANGING CLASSES

You may switch a session/date up to 3 business days prior to class. If changing less than 3 working days prior to the start of the class, you will be assessed a \$10 processing fee.

PARTICIPANT PHOTOGRAPH POLICY

Periodically, the Recreation Department photographs/video tapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purposes.

REFUNDS

FULL REFUND FOR A CANCELED CLASS BY THE RECREATION DEPT. (In the event of an activity cancelation due to circumstances out of our control ie weather, natural disaster, etc. There will be no refund issued)

PROGRAMS CANCELLED BY PARTICIPANT

You may withdraw from a class up to 3 business days in advance of the starting date of that program and receive a refund minus a \$10 processing fee. No refunds will be given after this date (3 business days prior to the program).

MAKE-UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes that are missed due to the participants inability to attend.

GENERAL INFORMATION

Register for members of your immediate family only.

PAYMENT

Non Residents add \$10 per course.

By check, payable to: Town of Mashpee, Cash, Visa, MasterCard or Discover.

MASHPEE RESIDENT PREFERENCE

Town of Mashpee residents will be given preference for our higher demand programs. Program registration will be open to non-residents one week after program registration becomes available, with the exception of summer camp, which will be available two weeks after.

AGE POLICY

Children must be the proper age on the FIRST DAY of class.

NON-RESIDENT DISCOUNT PASS

Available Now! **Mashpee Recreation is offering a Non-Resident Discount Pass** for households enrolling in our programs and events. With a paid \$50 Annual Membership (valid one year from date of purchase), Non-Resident participants pay the reduced rate offered to residents only. You may purchase your membership online or call (508) 539-1416 to access your discount pass today!

**CAMP SESSIONS FOR VOYAGER, ADVENTURE,
EXPLORER, NAVIGATOR & CIT CAMP (Grades 1 - 9)**



DATES:

- Voyager Camp (Grades 1 & 2)**
- Adventure Camp (Grades 3 & 4)**
- Explorer Camp (Grades 5 & 6)**
- Navigator Camp (Grade 7 & 8)**
- CIT Camp (Grades 8 & 9)**

(Children must have completed Kindergarten)

- | | |
|-----------------------------|---------------------------|
| Ses. #1 - June 24 - June 28 | Ses. #5 - July 22 - 26 |
| Ses. #2 - July 1- 5 | Ses. #6 - July 29 - Aug 2 |
| Ses. #3 - July 8- 12 | Ses. #7 - August 5 - 9 |
| Ses. #4 - July 15 - 19 | Ses. #8 - August 12 - 16 |

**Pricing : \$185/week Regular Day 8:30am - 4:30pm
\$220/week Extended Day 7:30am - 5:30pm
\$35 registration fee (non-refundable)
\$50/week deposit (amount applied to balance)**

**Payments for weeks 1-5 are due by June 14th
Payments for week 6-8 are due by July 19th**

SPECIAL EVENTS

Easter Egg Hunt

For children ages 2 - 10. Come join Mashpee Recreation Dept. for our Annual Easter Egg Hunt! Bring your basket, gather eggs and have your photo taken with the Easter Bunny! Event is Free!

Location: Mashpee Community Park (across from town hall)

Day	Time	Date
Sat.	10:00am	March 23rd (rain date: March 24th)

Youth Fishing Derby

Children ages 5 - 14. A chance for young anglers to demonstrate their skills and have some fun. Trophies will be presented for the most inches caught in each age category. Children must be accompanied by an adult. Fishing from the beach area only, no waders or boats. So come on out, the children will have a great time. **Bring your own fishing pole and we'll provide the bait.**

Location: John's Pond Town Beach

Day	Time	Date
Sat.	9:00 - 11:00am	June 1

Memorial Day Ceremony:

Monday, May 27th, 10AM @ Mashpee Community Park and Veterans Garden

Join us as we pay tribute and preserve the memory of the fallen.



Annual Mashpee Super Swim

Saturday, June 8th, 9AM @ John's Pond Town Beach

1/2 mile, 1 mile and 3.1 mile open water swim event held at John's Pond. Chip timing will be used again this year!!

Fee: 3 mile & 1 mile \$45 pre-reg, 1/2 mile \$30

No day of registrations will be accepted

Community Picnic:

Join us for a fun filled night for the family! We will have live music, K-9 dog show, obstacle course, train rides, face painting and a fabulous display of fireworks at dark! Bring your own picnic dinner or carnival-type food will be available for purchase.

When: June 28th 2024 (Rain date: June 29th)

Time: 5:00PM

Where: Mashpee High School.



Rhiannon McCuish 5K Woodland Run/Walk

Sunday May 26th (Tentative) @ 10:00am sharp @ Heritage Park

3.1 mile loop beginning and ending at Heritage Park. Register ahead of time at www.mashpeerec.com. REGISTRATION & Packet pick-up will be held @ Mashpee Recreation Dept., 520 Main St. on Friday, September 24th from

3:00 - 6:00pm or race day @ HERITAGE PARK, 139 Ashumet Rd. (back parking lot) from @ 8:30 - 9:30am. Fee is \$35 or \$40 morning of race.

All proceeds go towards supporting town youth programs

**KIDS KLUB PRESCHOOL &
CHILDCARE CENTER
AGES 15 MOS. TO 6 YEARS**

The Kids Klub Childcare Center provides a safe, fun, affordable, not-for-profit preschool and daycare program for the benefit of the community. It is owned and operated by the Town of Mashpee Recreation Department. Through classroom activities, field trips, special projects and recreation time, your child will have the opportunity to be creative, challenged, form new friendships and learn social skills in a semi-structured, supervised, and nurturing atmosphere. Licensed by the Commonwealth of Massachusetts Department of Early Education and Care. Located at 501 Great Neck Rd. North.

DAYCARE (paid weekly)

Daycare payments are due on the first day of each week.

Preschool + Daycare – full day program (ages 2.9 – 6)

(\$53 per day, 2 day minimum) 8:00am - 5:00pm Year-round

2 days a week: \$106/week

3 days a week: \$159/week

4 days a week: \$212/week

5 days a week: \$265/week

Registration fee: \$75 non-refundable (includes field trips and special events)

Infant/ Toddler Daycare (ages 6 weeks to 2.9 years)

(\$58 per day, 2 day minimum) 8:00am - 5:00pm Year-round

2 days a week: \$126/week

3 days a week: \$189/week

4 days a week: \$252/week

5 days a week: \$315/week

Registration fee: \$75 non-refundable (includes field trips and special events)

A registration form, medical/immunization records and a photo are required prior to admission.

Please call for availability (508) 539-9361.



EXTENDED DAY PROGRAM

Mashpee Recreation’s Extended Day (Before and After School Care) Program is licensed by the Commonwealth of Massachusetts Department of Early Education and Care. We provide a safe, semi-structured, supervised and nurturing environment for your child. Through free play, arts & crafts, recreational activities and occasional field trips, your child will have the opportunity to be creative and form new friendships.

Before School Care

Grades K - 6
K-2 Drop Off: K.C. Coombs Cafeteria
3-6 Drop Off: Quashnet School Cafeteria
Hours: 7:30am - school begins
Tuition/Fees:
2 days per week - \$85.00 / month
3 days per week - \$130.00 / month
4 days per week - \$175.00 / month
5 days per week - \$215.00 / month



After School Care

Grade Pre - K: K.C Coombs
Grades K - 2: K.C. Coombs Cafeteria
Grades 3 - 6: Quashnet School Cafeteria
Hours: Afterschool - 5:30pm
Tuition/Fees
(Pre - K 5 days only – \$250.00 / month)
2 days per week - \$110.00 / month
3 days per week - \$150.00 / month
4 days per week - \$200.00 / month
5 days per week - \$250.00 / month

Registration fee: \$35 non-refundable
(If a child is enrolled in both the Before AND After School programs, the maximum registration fee is \$70 for both programs)

A minimum 2 day enrollment is required for each program. The program follows the Mashpee School Calendar and will be in session every day while school is in session. For early dismissal days, the After School Care program runs from the end of school until 5:30 p.m. Mashpee Recreation runs a separate “Vacation Club” A separate registration is required for that program.

A completed Before/After School Care registration packet, current photo, fee and in-person meeting to review your child’s application must be received prior to your child attending. Please contact the recreation department for availability and an application, (508) 539-1416.

YOUTH PROGRAMS



Youth Track & Field

Instructor: Mary Marsters

For children grades 3 - 6.

The objective is for children to be introduced to the sport of running and track & field. Focus is on fun and learning the elements of running such as warm-up, cool-down and stretching. Children will also be introduced

to the elements of track & field such as long jump, hurdles and relay. **The program will finish with children in grades 3-6 participating in a Cape Cod Track meet against other town recreation departments.** Details to be announced at a later date!

Sneakers and comfortable clothing are mandatory. Please be sure to bring a water bottle.

6 weeks Max: 12

Grades	Day	Time	Date	Location
3rd - 6th	W	3:35 - 4:45pm	April 24 - May 29	Quashnet

Fee: R \$50, NR \$60

Mad Science

Instructor: Mad Science

Grades K - 6.

This hands-on After School Program explores the energy in Light, Sound, Electricity and Magnetism. Students learn how they interpret or even mis-interpret the world around them. They then use some of their own energy to explore the science of nutrition! This is a program of hands-on activities, stunning demonstrations and inquiry-based discussions.

Location: KC Coombs 6 weeks Min/Max: 10/20

Grade(s)	Day	Time	Date
K - 6	M	3:45 - 4:45pm	April 8 - June 3

Fee: R \$90 NR \$100

Exclusion:
4/15, 5/6 & 5/27



Karate

Instructor: Renshi Adelstein

For youth in Kindergarten - Adult.

Renshi Cindy Adelstein, a fourth degree black belt in the system, has been studying Isshinryu for over 20 years.



This class teaches movement skills, discipline, self-control, practical karate skills and self-defense in a format that is both enjoyable and beneficial for children.

For our Little Dragons program we will focus on directions, discipline, self-discipline, safe stranger, stranger danger as well as a bully buster curriculum.

For our Jaguars and adults, we will build on these skills by adding in conditioning, sport fitness and light contact sparring techniques.

As with many of the marital arts, the Isshinryu system employs a military style promotion system with rank achieved as skills are learned. Focus, determination and commitment will be the necessary tools for a student to achieve their next rank and eventually a black belt.

Location: KC Coombs Gym 7 weeks Min/Max: 5/15

<u>Level/Grade</u>	<u>Day</u>	<u>Time</u>	<u>Date(s)</u>
Little Dragons / Gr. K-2	T	5:30 - 6:00pm	April 23 - June 11
Jaguars / Gr. 3-6	T	6:00 - 6:30pm	April 23- June 11
Teens /Gr. 7 & up	T	6:45 - 7:30pm	April 23 - June 11

(no program 5/28)

Fee: R \$65 NR \$75

Note: The uniform, as well as a \$10 testing fee is included as the student tests for each new rank or belt. Additional gear may be necessary as the student reaches the intermediate ranks. This may include sparring equipment and a traditional bo staff.

Junior Golf Camp

Instructor: Rick Johnson, PGA

For ages 7 - 10 and 11 - 14.

Rick Johnson, 41 Year PGA Member, NE Section Pro of the Year, 2016 NE PGA Player Development Pro of the Year, Paul Harney Golf Professional.

Our Junior program will cover all aspects of the game, including Clubs, Full Swing and Short Game. Our focus will be on the fun of the game and the challenge of improvement.

Week One: Full Swing Instruction, Woods-Iron-Hybrids, Golf Exercise - Rules - Etiquette

Week Two: Full Swing Review, Short Game Instruction, Golf Exercise - Rules - Etiquette

Week Three: Full Swing - Short Game Review, Golf Exercise - Rules - Etiquette, Play 2 Range Holes

Location: Paul Harney Golf Club 3 weeks Min/Max: 4/6

<u>Age</u>	<u>Day</u>	<u>Time</u>	<u>Date(s)</u>
		TBD	

After School Soccer/Skills Clinic

Coach: Challenger Sports

Youth in grades K - 2.

Challenger Sports British coaches will help build and refine key soccer skills in areas such as dribbling, passing, receiving, shooting and game play to name a few! The clinic will be an hour each week, working on skills and drills; ending with small-sided games. Come and join Challenger Sports coaches and learn some new skills while having fun at it!

Location: KC Coombs 6 weeks Max: 12

Gr	Day	Time(s)	Date(s)
K - 2	F	3:45 - 4:45pm	May 3- June 14

Fee: R \$95 NR \$105

No Soccer May 31st



Tiny Tykes Soccer

Coach: Challenger Sports

Youth ages 2 - 6 years.

Gain soccer skills - Motor Skill - Development - Learn the Tiny Tykes Theme Song - Have Fun! Tiny Tykes is an exciting program that teaches basic soccer skills while focusing on motor skill development, balance, coordination listening skills and teamwork of players ages 3 - 6. Challenger's professional coaches will take your young player on a journey to imaginary destinations of Dinosaurs, Princesses, Dragons and more through soccer, music, storytelling and games.

First-time Tiny Tykes Package: register your child for their first time and receive the Official jersey, shorts and a soccer ball.

Returning Tiny Tykes gifts: Register your child for their second time and choose either the lion stuffed animal, backpack or inflatable soccer goal.

Location: KC Coombs 6 weeks Max: 24

Age	Day	Time(s)	Date(s)
3 - 6 years	F	5:00 - 5:45pm	May 3- June 14
2 & 3 years	Sat.	1:00 - 1:45pm	May 4 - June 15
4 & 5 years	Sat.	2:00 - 2:45pm	May 4 - June 15

Fee: R \$95, NR \$105

No Soccer May 31st



Tennis Lessons

Instructor: Kathryn Olson, USPTA Certified teaching professional

For students in grades PK - 6.

Tennis is a wonderful sport for a lifetime! Getting solid fundamentals as a youngster builds the strokes into our muscle memory, develops footwork that cross-trains for all sports and finely tunes hand/eye coordination.

More advanced players will be grouped together.

NOTE: students should wear tennis shoes or sneakers and bring a tennis racquet, snack and a drink.

Spring Session - Location - Quashnet Tennis Courts

Afternoon - (KC Coomb's children will be picked up by Coach Kathryn and walked over to Quashnet)

<u>Gr</u>	<u>Day</u>	<u>Time</u>	<u>Date(s)</u>	<u>Lessons</u>	<u>Fee</u>
PK-2	T	3:45-4:45	April 23 -June 11	8	\$112
3-6	W	3:45-4:45	April 24-June 12	8	\$112
PK-6	W	4:45-5:45	April 24-June 12	8	\$112
PK-2	TH	3:45-4:45	April 25-June 13	7	\$98
3-6	F	3:45-4:45	April 26-June 14	8	\$112

Saturday Morning Session - MMHS Tennis Courts

<u>GR</u>	<u>Day</u>	<u>Time</u>	<u>Date(s)</u>	<u>Lessons</u>	<u>Fee</u>
PK-4	Sat	11:00-12:00PM	April 20-June 15	8	\$112



Horseback Riding School

Instructor: Robin Blakeman

Open to boys and girls ages 5 & up.

Maushop Equestrian Center will provide a fun and educational riding school that provides children the unique opportunity to participate in this equestrian activity. This course will teach the basics of horsemanship and all levels of riders are welcome. We'll tailor the instruction to your ability. English and Western saddle instruction. Safety equipment is furnished. Three day or four day per week sessions are available, see dates listed below. Call 508-477-1303 for details.

Location: Maushop Equestrian Center Length: 4 lessons

<u>Day(s)</u>	<u>Time(s)</u>	<u>Date(s)</u>
T/W & TH	1:00 - 4:00pm	April 16, 17 & 18

R \$165 NR \$165

Babysitter's Course

Instructor: Mary Nielsen, 4H Certified Instructor

Open to boys and girls 11 years and up

This 4-H certified course provides the new or veteran sitter with an up-to-date lecture series on this subject matter. We will refresh veteran sitters and provide the skill training for new sitters. Topics include responsibilities, fire prevention, home safety, first aid, entertainment, nutrition, and much more. Class participation is essential and assignments and quizzes are a major factor in successful completion of this course. **Please bring a snack and a drink.**

Note: Students need to bring something to write with and a notebook to each class.

Location: KC Coombs Cafeteria 2 days Min/Max: 8/12

<u>Day(s)</u>	<u>Time</u>	<u>Date(s)</u>
T & W	8:30am -12:30pm	April 16 & 17

R \$55 NR \$65

Be Wild

Instructor: Rideaway Adventures



Outdoor Exploration, survival skills, nature and more!

Join RideAway staff for games, activities and FUN outside!

(Please dress and prepare for the weather, this is an outdoor activity!)

What to bring: water bottle, layers, sneakers or boots, healthy snack and your sense of adventure!!

<u>Day(s)</u>	<u>Time</u>	<u>Date(s)</u>
W,Th & F	10:00am -1:00pm	April 17, 18 & 19

R \$190 NR \$190



Boating Safety Course

Instructor: Lt John Girvalakis

For adults and youth 12 years of age and older.

Classes are for adults and youth 12 years of age and older. Family participation is encouraged and has proven to be very rewarding. All graduates in the 12 through 15 year-old age group will be issued a safety certificate allowing them to operate a motorboat without adult supervision, as required by state law. The same is true for 16 and 17 year old youth who wish to operate a personal watercraft.

Location: Mashpee Middle/High School/ room B109 Length: 2 classes

Day(s)	Time(s)	Date(s)	Fee
Sat	8:00 - 3:30PM	May 4	Free
Sun	9:00-1:30PM	May 5	Free

To register, you must go to Mass.gov, see link below.

<https://www.mass.gov/service-details/boating-safety-course-schedule>

ADULT PROGRAMS

Qi Gong

Instructor: Margie Mitchell, Lee Holden Qi Gong Certified, Retired PE Teacher

For adults and teens 16+.

In this 6-week class, you'll learn the benefits of this ancient & gentle movement practice which began in China over 3,000 years ago.

The practice of Qigong teaches us that through our breath, we can activate our Qi, our life force energy, to facilitate our body, emotion, heart and mind connection. Integrating movements and holding postures, we can enter into a relaxed and calm state with clarity of mind and compassion in our hearts. This practice helps us to stay grounded, centered and "present" as we move throughout our day. Qigong is a moving meditation.



Location: Mashpee Community Park Length: 6 classes

Day(s)	Time(s)	Date(s)	Fee
TBD			

Adult Co-Ed Basketball, Over 30

Join us for a fun, non-competitive night of hoops!

Location: Quashnet School Gym Length: 8 weeks Min: 12

Days	Time	Dates
F	6:30 - 8:30pm	April 26 - June 7

R \$55 NR \$65

Golf - "Build a Swing" for Adults

- **Week 1: Full Swing Instruction;** Set-up to swing, Core Rotation - "The Blend of Up and Down Management of Arms, Hand and Club to Body Rotation" and Tempo
- **Week 2: Short Game Instruction** - Pitching, Chipping, Sand Play, Putting and Different Clubs for Different Shots
- **Week 3:** Full Swing and Short Game Review plus On-Course Play!
Taught by Rick Johnson, 41 Year PGA member, NE Section Pro of the Year, 2019 NE PGA Player Development Pro of the Year and Paul Harney Golf Professional.

Note: Clubs are provided if needed

Location: Paul Harney Golf Course

Length: Three, two hour classes

Max: 5

<u>Session #</u>	<u>Day</u>	<u>Time</u>	<u>Date</u>
1	F	9:00 - 11:00am	May 3, 10 & 17
1	F	1:00 - 3:00pm	May 3, 10 & 17
2	F	9:00 - 11:00am	June 7, 14 & 21
2	F	1:00 - 3:00pm	June 7, 14 & 21

Fee: \$189

Beginner / Advanced Beginner Tennis- HS/Adult

Instructor: Kathryn Olson, USPTA Professional

Lessons will include intense instruction on volley, forehand, backhand and serving techniques. Participants will also learn how to score and play in a singles and doubles match.

Location: Mashpee M/HS Courts

Length: 8 lessons

Min/Max: 4/8

<u>Day</u>	<u>Time</u>	<u>Date</u>	<u>Fee</u>
Sat	8:00-9:00AM	April 20-June 15	\$112

Karate

Instructor: Renshi Adelstein

Renshi Cindy Adelstein, a fourth degree black belt in the system, has been studying Isshinryu for over 20 years.

This class teaches movement skills, discipline, self-control, practical karate skills and self-defense in a format that is both enjoyable and beneficial. You will build on these skills by adding conditioning, sport fitness and light contact sparring techniques.

The Isshinryu system employs a military style promotion system with rank achieved as skills are learned. Focus, determination and commitment will be the necessary tools for you to achieve your next rank and eventually a black belt!

Location: KC Coombs gym

7 classes

Min/Max: 4/15

<u>Day</u>	<u>Time</u>	<u>Date(s)</u>	<u>Fee</u>
T	6:30 - 7:15pm	April 23 - June 11	R \$75

Note: The \$10 testing fee is included as the student tests for each new rank or belt. Additional gear may be necessary as the student reaches the intermediate ranks. This may include sparring equipment and a traditional bo staff.

PICKLEBALL

All pickleball lessons will be instructed by Straight-Up Pickleball, founded by Laura and Karl Uggerholt. Straight-Up's five experienced and caring instructors will offer comprehensive pickleball lessons, allowing players to advance through a consistent curriculum at their own pace. The instructors are excited about the '24 season and look forward to sharing their knowledge!

*Pickleball Court maintenance is scheduled for this year. We do not have definite dates as of now. The scheduled work may interfere with accessibility of the courts. We will provide more details as they become available.



Beginner Clinics (1.0)

Learn this fun game that is growing fast all over the country! Participants should wear loose-fitting athletic clothing and court shoes (smooth-soled sneakers with good lateral support). Paddles will be provided if needed.
 *In the event of a rain cancelation, the following week will be used as a make-up.

Location: KC Coombs School, 152 Old Barnstable Rd. (March lesson)
Mashpee Pickleball Courts, 162 Ashumet Rd. (May/June lessons)
Min/Max: 7/12

<u>Day(s)</u>	<u>Time(s)</u>	<u>Date(s)</u>
M	4:15 - 5:45pm	May 6th & 13th
W	5:30- 7:00pm	May 8th & 15th

R \$65 NR \$75

Novice Clinics (2.0)

This course is ideal for people who have learned to play pickleball and are ready to take their play to the next level. Focus will be on topics such as shot selection, skills refinement, and positioning. Qualified participants should know the rules, how to serve and return, and how to keep score.

*In the event of a rain cancelation, the following week will be used as a make-up.

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 4/10

<u>Day(s)</u>	<u>Time(s)</u>	<u>Date(s)</u>	<u>Fee</u>
M	6:00-7:30PM	May 6 & 13	R \$65

R \$65 NR \$75



Skills Clinic

Note: Students will be grouped based on level of experience. This clinic is for people who already know the rules and basics of pickleball. Students looking to learn the game or who are newer to the game should check out the Beginner and Novice Clinics.

Winning Game Strategies (Pt 1)

“Winning Game Strategies, Part 1”: part 1 of a 2-part series (Part 2 June 13th) focusing on tips and techniques key to winning on the court through consistency and mind-set. Students will learn and practice the first half of the “Winning Game Strategies” for 60 minutes and implement through play in the last 30 minutes of the lesson. Your game will benefit from signing up for one or both lessons in the series. Option: follow-up with “Play with the Coaches” and with “Winning Game Strategies, Part 2” on June 13th (to be posted with the summer schedule). *Rain date May 23rd

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 4/10

<u>Day(s)</u>	<u>Time(s)</u>	<u>Date(s)</u>
Th.	3:00 - 4:30pm	May 9th

R \$40 NR \$50

Serve to Win Points

“Serve to Win Points”: the game of pickleball continues to evolve. The serve has more purpose now than “just get it in.” Appropriate for intermediate and advanced students, this 90-minute lesson will teach you to set up winning points by challenging your opponent with serve variation, specific targets, and top spin. The first 60 minutes will cover technique and practice with the last 30 minutes spent on implementing through play. Option: follow-up with “Play with the Coaches” to continue working on implementation. *Rain Date May 23rd

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 4/10

<u>Day(s)</u>	<u>Time(s)</u>	<u>Date(s)</u>
Th.	4:45 - 6:15pm	May 9th

R \$40 NR \$50

Winning Strategies for the Return Team “Winning Strategies for the Return Team”: keep them back, keep them back, and keep them back again! This lesson will focus on the 2nd, 4th, and 6th (or more!) shots of the game as the return team, winning rallies by keeping your opponents deep with the implementation of correct positioning and several specific shots. Appropriate for intermediate and advanced students, the first 60 minutes will focus on technique while the last 30 minutes will be practice with implementation through game play. Option: follow-up with “Play with the Coaches” to continue working on implementation. *Rain Date May 23rd

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 4/10

<u>Day(s)</u>	<u>Time(s)</u>	<u>Date(s)</u>	<u>Fee</u>
Th.	4:45 - 6:15pm	May 16th	R \$40

R \$40 NR \$50

Tracking with your Paddle

This lesson will focus on tracking with your paddle to improve shot consistency, increase put-away percentages, and set-up effective positioning. Reduce errors and set your team up for winning points! Appropriate for intermediate and advanced students. Option: follow-up with “Play with the Coaches” to continue working on implementation. *Rain Date May 23rd

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 4/10

<u>Day(s)</u>	<u>Time(s)</u>	<u>Date(s)</u>
Th.	3:00 - 4:30pm	May 16th

R \$40 NR \$50

Round Robin

This 2-hour program is a fun and competitive event, which is organized by skill level. Participants will play six games with varying partners and opponents. The Round Robin will be a great way to get to know people and improve your game! *In the event of a rain cancelation, the following day will be used as a make-up.

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 12/16

<u>Day(s)</u>	<u>Time(s)</u>	<u>Date(s)</u>	<u>Fee</u>
W	5:30 - 7:30pm	May 1	R \$12
T	5:30 - 7:30pm	May 28	R \$12

R \$12 NR \$15

Coaches Clinics

Play with the Coaches!

This one-hour lesson format includes playing games with three students on a court with one of two experienced coach and is appropriate for intermediate and advanced students. Points/rallies are reviewed and discussed to hone in on what transpired and identify alternative strategic options. Students receive specific and actionable feedback. Most importantly, everyone will have fun on the court!

*Rain Date May 23rd

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 5/6

<u>Day(s)</u>	<u>Time(s)</u>	<u>Date(s)</u>
Th.	6:30-7:30PM	May 9
Th.	6:30-7:30PM	May 16

R \$35 NR \$45



Small Group with Two Coaches

This one-hour lesson for four students allows focused and personalized instruction in a small group setting with friendly competition while building and refining the fundamentals. (Participants may sign up as singles or as a group in the 4 slots provided per lesson.) Two experienced Straight-Up Coaches will provide personalized attention, with the goal of providing each student with an improvement plan by the end of the hour. **Rain Date May 20th*

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 2/4

<u>Day(s)</u>	<u>Time(s)</u>	<u>Date(s)</u>	
M	2:45-3:45PM	May 6	R \$40
M.	2:45-3:45PM	May 13	R \$40

Two and a Coach: Are you interested in more personalized coaching? If so, this one-hour coaching session is perfect for you and a friend or family member! The lesson will be led by a fun and knowledgeable Straight-Up Coach and will allow full, focused, and personalized instruction for 2 players signing up for a lesson together (one slot). The participants will have the opportunity to focus on strategies and mechanics, leaving the hour with an improvement plan a sense of accomplishment.

Note: the "Two and a Coach" lessons are for players who already know how to play pickleball. It is recommended those interested in learning pickleball for the first time sign up for a Beginner Clinic (most beneficial) or two 4-person semi-private lessons.

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 1/2

<u>Day(s)</u>	<u>Time(s)</u>	<u>Date(s)</u>	
M	1:30-2:30PM	May 6	
W	4:15-5:15PM	May 8	
M	1:30-2:30PM	May 13	
W	4:15-5:15PM	May 15	R \$90 NR \$100

Small Group with Two Coaches

This one-hour lesson is perfect for the player interested in focusing on a specific skill or strategy to increase his or her consistency on the court. Drop shots, serve consistency, footwork, mindfulness, soft hands, effective return of serve, overheads, lobs, etc....you name it, the coach will be there for you! Fun and focused! . **Rain Date May 22nd*

Location: Mashpee Pickleball Courts, 162 Ashumet Rd. Min/Max: 1/1

<u>Day(s)</u>	<u>Time(s)</u>	<u>Date(s)</u>	
W	3:00-4:00PM	May 8	R \$80 NR \$90
W	3:00-4:00PM	May 15	

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Mashpee Recreation



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